**POST 1 – Curious traveller**

Heading out on an adventure beyond the EU? 🌍 Before you pack your bags, remember that some souvenirs can carry more than memories - they can carry plant pests too! 🦠

Take only photos, leave only footprints. Be sure to leave behind any plants, flowers, seeds, fruits, or vegetables before boarding your flight home.

Let’s protect plant health wherever we go. Help us share the message and be part of the #PlantHealth4Life movement!

**POST 2 – Hobby gardener/hobby farmer**

Ever wondered how healthy plants impact our everyday life🌿 They do so much more than beautify our gardens. They:

1. enrich our food supply 🍅
2. sustain biodiversity 🐝
3. shape the economy 💡
4. ensure a sustainable future 🌏

Your garden is a small piece of a larger puzzle. Share your wisdom and join the #PlantHealth4Life movement to inspire others.

**POST 3 – Conscious young parent**

Have you ever thought about how plants support your child's well-being in everyday life? 🌱 From the nutritious food they eat to the clean air they breathe, plant health is essential. 🥦🌬️

Join the #PlantHealth4Life movement and explore fun ways to help children discover the importance of preserving our green friends.

Together, we can cultivate a healthier future for our families and our environment. 💚